

MANIFESTO

MEDIATION

by
BRADEN GOODALL

Maybe

Maybe we are running out of time,
but we slow down.

Maybe we are lost,
but we walk.

Maybe we forget reality,
but we love each other.

Maybe we see clearly,
but it doesn't end.

Maybe we share a breath,
but we sing.

Maybe we dream,
but

A **manifesto** is a short, punchy declaration of desires and demands, provocations and protests:
a call to action and/or a call to pause, think and act differently.

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MAELSTROM

A WALK

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A Walk (2022)

The manifesto, manifestation, and my interests seemed connected through walking. Slow House's slowing curved procession towards the view and the journey between city and weekend house. Moving Target's focus on the human foot, the elevated paths of Blur, and The Mile Long Opera. There is also a question of technology in much of DS+R's work. In Slow House, the contrast of the video screen and the picture window, and the windshield and the rear-view. During our discussion, it was proposed that walking acted as a form of technology, and I wanted to explore that.

The calves are the second heart, pumping blood back to your heart while walking. It can help us think or not, acting on a large spectrum from exercise to meditation, and is how we experience the world. It is uniquely a human motion, but how much do we know about our bodies in the space we occupy? What is an authentic human experience? How much is internal or external? How does our mind mediate based on our changing thoughts, lives, and surroundings? How do we slow down, and why?

The storyboard depicts the fading in and out of darkness that the underside of the foot experiences with every step, and that it will at some point stop. Capturing the cadence of this experience revealed a raw reality not expected with the simple power of the initial idea. This new perspective revealed the simple challenge of our bodily perception and our experience of time. The juxtaposition of the calm and unsettling nature in which we move, think, and exist, can be experienced differently. The thinking in motion creates a certain degree of clarity or unawareness of being present in the moment.

I will continue to explore this perception of walking and question how our bodies and technology perceive unique but equivalent outcomes. I think it would be interesting to compile the steps of many people in many places in one audio and visual experience that analyzes the technology of the city, and society.

A **maelström** is a powerful whirlpool – a dangerous swirling of the sea that sucks everything down into its watery spiral. In this seminar, the maelstrom is a model for architectural theory, imagination and agency – an integrative and creative force – a risky and revelatory mode of panoramic vision.